

Marco Diaz-Infante



Education and Training-
ACE Certified Personal Trainer
Visalus Nutrition Distributor
PHS Football Strength and Conditioning Coach

Fitness Experience-
All Star College Football Player
International Rugby Player and National Champion
World Championship Outrigger Canoe Participant
Nationally Recognized Drug Free Power Lifter and State
Champion
Martial Arts Champion Sparring Partner
Celebrity and Dignitary Personal Security Agent

As a Trainer, I specialize in functional strength training, sports specific strength & conditioning, and body sculpting. I do my best to push clients (safely) beyond their comfort zone to help ensure maximum results. Aside from training, it is my belief that nutrition accounts for 60% of a client's potential gains/losses. If left unaddressed, he/she could be sabotaging the end results.